



**Borderline Personality Disorder Test - BPD**

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**Client Name** \_\_\_\_\_

**Age** \_\_\_\_\_ **DOB** \_\_\_/\_\_\_/\_\_\_ **State** \_\_\_\_\_

**Therapist or Physician** \_\_\_\_\_

# Borderline Personality Disorder Test - BPD

Created by Prescott House, the Borderline Personality Disorder Test - BPD allows individuals along with licensed trained professionals to develop an understanding the extent of one's mental state based on self and relationship perception.

Complete the test by responding to each statement by checking "True" or "False" to each of the 9 statements.

- TRUE  FALSE | 1. Some of my closest relationships often fluctuate between intense compassion to complete disconnection.
- TRUE  FALSE | 2. My concurrent sentiment alternates often, as I feel deep depression, impatience, restlessness, and nervousness.
- TRUE  FALSE | 3. I am in a constant state of irritation and my anger is uncontrollable.
- TRUE  FALSE | 4. During confused mental states I am a personal threat as I fantasize or act out with physical abuse and have suicidal ideations.
- TRUE  FALSE | 5. The mental state pertaining to my self-portrait is insecure and erratic, often times questioning my morality and beliefs.
- TRUE  FALSE | 6. I am constantly questioning the intentions of others around me and develop paranoia during stressful events.
- TRUE  FALSE | 7. My life generally revolves around harmful or destructive processes such as criminal activity, obsession with sex, personal endangerment, gambling and unhealthy diet.
- TRUE  FALSE | 8. Often times I elude the potential for abandonment whether factual or fantasized.
- TRUE  FALSE | 9. I agonize over habitual sensitivity towards hollowness and detachment.

**\*Submission of this assessment does not qualify nor exclude you from our Co-Occurring Disorder Program**

**This is provided as a preliminary screening to assess the extent of current and past depression and anxiety.**

**Speak with our Admissions Team**

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