

Packing for Prescott House Checklist

Transport Options & What to Bring

IMPORTANT Items:

- Proof of Identification (Driver's License, Photo Identification and/or Passport)
- Insurance and Rx Card (if applicable)

MEDICATION POLICY:

- Any and all medications that are brought to the Prescott House must be prescribed by a doctor and be contained in the original container which they were prescribed in
- Medications that are not correctly labeled, or prescribed, will be discarded upon arrival to the Prescott House
- The Prescott House admission staff must be notified prior to admission of all medications (prescribed or not prescribed) that the incoming individual has been taking

DO Bring:

- Jeans and/or pants (must be in working order with no holes or tears please)
- Exercise pants or sweat pants, shorts (knee length or longer), gym and/or workout shorts
- Appropriate T-shirts (please no clothing that endorses drug/alcohol use or products, or is sexually suggestive), collared shirts, and dress shirts
- Cold weather clothing including jackets and sweaters, shoes (gym and dress) as well as sandals or shower shoes (flip-flops)
- Hygiene supplies (no aerosol products, cologne, hair gel, or products that contain alcohol)
- Important contact names, phone numbers, and addresses
- Stationary, postage stamps, and envelopes
- Initially, appropriate recovery literature is acceptable to bring; however, no leisure reading materials
- Individuals can bring a musical instrument (please inform admission staff prior to packing your musical instrument)

DO NOT Bring:

- Cell phones and any electronic equipment that include but are not limited to MP3 players, iPods/iPads, tablets, and laptops
- Debit/credit cards, gift cards, and checks
- Medical Marijuana Card... yes, this does actually happen!
- Knives, weapons, and refillable lighters
- Electronic cigarettes, liquids, and/or "vaping" equipment

The Prescott House discourages incoming clients bringing expensive jewelry, watches, or sunglasses to campus. Clients that do bring contraband will be required to mail those belongings home upon arrival to the Prescott House.