

Packing for Prescott House Checklist

Transport Options & What to Bring

IMPORTANT Items:

- Proof of Identification (Driver's License, Photo Identification and/or Passport)
- Insurance and Rx Card (if applicable)
- Please bring discharge paperwork from any facility that you have been at recently (if applicable)

MEDICATION POLICY:

- Any and all medications that are brought to the Prescott House must be prescribed by a doctor and be contained in the original container which they were prescribed in
- Medications that are not correctly labeled, or prescribed, will be discarded upon arrival to the Prescott House
- The Prescott House admission staff must be notified prior to admission of all medications (prescribed or not prescribed) that the incoming individual has been taking
- If you are taking prescribed THC, please discuss this with the admissions staff.

DO Bring:

- Jeans and/or pants
- Exercise pants or sweat pants, shorts, gym and/or workout shorts
- Appropriate T-shirts, collared shirts, and dress shirts (please no items sexually suggestive, endorse drugs or alcohol use, endorse violence or similar type attitudes, or could be offensive to certain individuals)
- Cold weather clothing including jackets and sweaters, shoes (gym and dress) as well as sandals or flip-flops
- Hygiene supplies (no aerosol products, cologne, hair gel, or products that contain alcohol)
- Important contact names, phone numbers, and addresses
- Stationary, postage stamps, and envelopes
- Initially, appropriate recovery literature is acceptable to bring; however, no leisure reading materials
- Individuals can bring a musical instrument (please inform admission staff of your musical instrument)
- MP3 players and headphones (devices without web capabilities and no external speakers)
- Electronic cigarettes, liquids, and/or "vaping" equipment
- Bicycle

DISCUSS Prior To Bringing:

- Cell Phones
- Laptops, Tablets, Computers
- Debit/credit cards, gift cards, and checks
- Vehicles
- Storage of Belongings

The Prescott House suggests to not bring these items unless needed.

Intended use should be discussed with staff prior to admission.

DO NOT Bring:

- Knives, weapons, and refillable lighters

The Prescott House discourages incoming clients bringing expensive jewelry, watches, or sunglasses to campus. Clients that do bring contraband will be required to mail those belongings home upon arrival to the Prescott House.